

LUNCH MENU



IÓA
RESTAURANT

BRÖNS BRUNCH

FRÁ 12 TIL 16 LAUGARDAGA OG SUNNUDAGA BJÓÐUM VIÐ UPP Á BRÖNSHLAÐBORÐ.

FROM 12 TO 16 SATURDAYS & SUNDAYS, WE SERVE BRUNCH BUFFET.

5.490 KR

Á MANN FYRIR BRÖNSHLAÐBORÐ Í 2 TÍMA
PER PERSON FOR THE BRUNCH BUFFET FOR 2 HOURS

9.990 KR

Á MANN FYRIR BRÖNSHLAÐBORÐ MEÐ DRYKKJUM Í 2 TÍMA
PER PERSON FOR THE BRUNCH BUFFET WITH DRINKS FOR 2 HOURS

**DRYKKIR
DRINKS**

MIMOSA
PROSECCO
GULL LITE
KAFFI / TEA

FORRÉTTIR STARTERS



IS

HEKLA 1.690 KR

SÚPA DAGSINS

með súrdeigsbrauði og smjöri.

FAGRADALSFJALL 2.990 KR

REYKTUR LAXATARTAR

rauðlaukur, capers, sitrónusafi,
dillmajónes, sitrónubörkur,
dill & rúgbrauðskex.



EN

HEKLA 1.690 KR

SOUP OF THE DAY

with Sourdough Bread
and Icelandic butter.

FAGRADALSFJALL 2.990 KR

SMOKED SALMON TARTAR

red onion, capers, lemon juice,
dill mayo, lemon rasp,
dill & rye crackers.

AÐALRÉTTIR

MAINS

IS



ELDFELL 4.190 KR

... VEGAN ÚTGÁFA FÁANLEG

... EÐA BÆTTU VIÐ KJÚKLING 4.990 KR

RAUÐRÓFU & BURRATA SALAT

blandað salat, spínat, rauðrófa, fersk pera, engifersósa, burrata ostur, ristuð graskersfræ.

THEISTAREYKJARBUNGA 4.990 KR

FISKUR DAGSINS

EN

ELDFELL 4.190 KR

... CAN ALSO BE VEGAN

... OR ADD CHICKEN 4.990 KR

BEETROOT & BURRATA SALAD

salad mix, spinach, beetroot, fresh pear, ginger dressing, burrata cheese, roasted pumpkin seeds.

THEISTAREYKJARBUNGA 4.990 KR

FISH OF THE DAY

IS

BÁRÐARBUNGA NAUT 4.190 KR/ 5.190 KR

Íslenskt nautakjöt, súrdeigsbrauð, klettasalat, cheddar ostur, skyrmajó, chourizo, lauksulta, sýrð gúrka, rustic franskars.

BÁRÐARBUNGA LAMB 4.190 KR/ 5.190 KR

Íslenskt lamb, súrdeigsbrauð, salat, tómatur, LÓA fjallaostur, remolaði, rustic franskars & sinnep.

BÁRÐARBUNGA VEGAN 4.190 KR/ 5.190 KR

brokkolíbuff, súrdeigsbrauð, salat, tómatur, vegan cheddar ostur, vegan majónes, rustic franskars.

EN

BÁRÐARBUNGA BEEF 4.190 KR/ 5.190 KR

Icelandic beef, sourdough bread, rock salad, cheddar cheese, skyr mayo, chourizo, onion jam, pickled cucumber, rustic fries.

BÁRÐARBUNGA LAMB 4.190 KR/ 5.190 KR

Icelandic lamb, sourdough bread, salad, tomato, LÓA highland cheese, Icelandic remolade, rustic fries & Icelandic mustard.

BÁRÐARBUNGA VEGAN 4.190 KR/ 5.190 KR

broccoli patty, sourdough bread, salad, tomato, vegan cheddar cheese, vegan mayo, rustic fries.

EFTIRRÉTTIR DESSERTS

IS

LÓA DELICE 2.590 KR

dulce de leche, sétur rjómi,
saltkaramelluhafrafrakökur,
eggjabúðingur.

CREME BRULÉE 2.590 KR

klassískt borið fram
með ferskum ávoxtum.

SKYR PARFAIT 2.590 KR

skyr, fersk bláber, heslihnetuhnoðrar.

VEGAN 2.590 KR

vaffla, vegan heslihnetu parfait,
rjómi, súkkulaðisósa,
heslihnetuhnoðrar.



EN

LÓA DELICE 2.590 KR

dulce de leche, sweet cream, salted
caramel oat cookies,
egg custard.

CREME BRULÉE 2.590 KR

classic served with fresh fruits.

SKYR PARFAIT 2.590 KR

Icelandic skyr,
fresh blueberries,
roasted hazelnut clusters,

VEGAN 2.590 KR

waffle, vegan hazelnut parfait,
cream, chocolate sauce,
roasted hazelnut clusters.

